



January 2022

Wed

Thu

Fri

<p>11 Breakfast: Banana, Quaker Life Cereal, Toast, Milk, Water Lunch: Bar-B-Que Meatballs, Cheesy Mashed Potatoes, Peaches, Bread, Milk, Water</p>	<p>12 Breakfast: Orange Juice, Ham & Cheese Biscuit, Milk, Water Lunch: Yummy Chicken, Spinach/Lettuce Salad, Applesauce, Bread, Milk, Water</p>	<p>13 Breakfast: Apples w/ Yogurt Dip, Cheerios, Toast, Milk, Water Lunch: Taco Burger on Bun, French Fries, Broccoli & Cauliflower w/ Dip, Pears, Milk, Water</p>	<p>14 Breakfast: Scrambled Eggs, Tater Tots, Toast, Milk, Water Lunch: Crabbie Pattie on Bun, Baby Carrots & Cucumbers w/ Dip, Pineapple Chunks, Milk, Water</p>
<p>18 Breakfast: Banana, Creamy Oatmeal, Cinnamon Toast, Milk, Water Lunch: Cavatini, Spinach/Lettuce Salad, Peach Delight, Garlic Bread, Milk, Water</p>	<p>19 Breakfast: Blended Juice, Creamy Ham Gravy, Biscuit, Milk, Water Lunch: Kickin Chicken, Broccoli Cheese Pasta, Applesauce, Bread, Milk, Water</p>	<p>20 Breakfast: Sunshine Fruit Salad, Scrambled Eggs w/ Cheese, Toast, Milk, Water Lunch: Mini Sub Sandwiches, Cauliflower & Red Pepper Strips w/ Dip, Tater Tots, Pineapple Chunks, Milk, Water</p>	<p>21 Breakfast: Apples w/ Yogurt Dip, Life Cereal, Toast, Milk, Water Lunch: Taco Soup, Cucumber Slices & Baby Carrot e/ Dip, Pears, Tortilla Chips, Milk, Water</p>
<p>25 Breakfast: Banana, Honey Bunches of Oats, Toast, Milk, Water Lunch: Chicken Quesadilla, Spinach/Lettuce Salad, Applesauce, Milk, Water</p>	<p>26 Breakfast: Apple Juice, Ham & Egg Deluxe, Biscuit, Milk, Water Lunch: Tot Casserole, Green Beans, Pears, Bread, Milk, Water</p>	<p>27 Breakfast: Strawberries & Bananas, Life Cereal, Toast, Milk, Water Lunch: Townhouse Chicken, Mashed Potatoes & Gravy, Celery & Red Pepper Strips w/ Dip, Peaches, Bread, Milk,</p>	<p>28 Breakfast: Tater Tots, Sunshine Taco, Milk, Water Lunch: Goulash, Peas, Baby Carrots w/ Dip, Fruit Salad, Kids Breadsticks, Milk, Water</p>



February 2022




Tue	Wed	Thu	Fri
<p>1 Breakfast: Banana, Cheerios, Waffles w/ Yummy Topping, Milk, Water Lunch: Beef & Bean Burrito, Spinach/Lettuce Salad, Peaches, Milk, Water</p>	<p>2 Breakfast: Applesauce, Scrambled Eggs w/ Cheese, Toast, Milk, Water Lunch: Chicken Alfredo, Green Beans, Pears, Biscuit Bites, Milk, Water</p>	<p>3 Breakfast: Orange Juice, Ground Pork Gravy, Biscuit, Milk, Water Lunch: Delicious Meat Loaf, Mashed Potatoes & Gravy, Baby Carrots & Cucumbers w/ Dip, Fruit Salad, Bread, Milk, Water</p>	<p>4 Breakfast: Apples w/ Yogurt Dip, Life Cereal, Toast, Milk, Water Lunch: Cheesy Ham"n" Shells, Broccoli & Cauliflower w/ Dip, Pineapple Chunks, Bread, Milk, Water</p>
<p>8 Breakfast: Banana, Quaker Life Cereal, Toast, Milk, Water Lunch: Bar-B-Que Meatballs, Cheesy Mashed Potatoes, Peaches, Bread, Milk, Water</p>	<p>9 Breakfast: Orange Juice, Ham & Cheese Biscuit, Milk, Water Lunch: Yummy Chicken, Spinach/Lettuce Salad, Applesauce, Bread, Milk, Water</p>	<p>10 Breakfast: Apples w/ Yogurt Dip, Cheerios, Toast, Milk, Water Lunch: Taco Burger on Bun, French Fries, Broccoli & Cauliflower w/ Dip, Pears, Milk, Water</p>	<p>11 Breakfast: Scrambled Eggs, Tater Tots, Toast, Milk, Water Lunch: Crabbie Pattie on Bun, Baby Carrots & Cucumbers w/ Dip, Pineapple Chunks, Milk, Water</p>
<p>15 Breakfast: Banana, Creamy Oatmeal, Cinnamon Toast, Milk, Water Lunch: Cavatini, Spinach/Lettuce Salad, Peach Delight, Garlic Bread, Milk, Water</p>	<p>16 Breakfast: Blended Juice, Creamy Ham Gravy, Biscuit, Milk, Water Lunch: Kickin Chicken, Broccoli Cheese Pasta, Applesauce, Bread, Milk, Water</p>	<p>17 Breakfast: Sunshine Fruit Salad, Scrambled Eggs w/ Cheese, Toast, Milk, Water Lunch: Mini Sub Sandwiches, Cauliflower & Red Pepper Strips w/ Dip, Tater Tots, Pineapple Chunks, Milk, Water</p>	<p>18 Breakfast: Apples w/ Yogurt Dip, Life Cereal, Toast, Milk, Water Lunch: Taco Soup, Cucumber Slices & Baby Carrot e/ Dip, Pears, Tortilla Chips, Milk, Water</p>
<p>22 Breakfast: Banana, Honey Bunches of Oats, Toast, Milk, Water Lunch: Chicken Quesadilla, Spinach/Lettuce Salad, Applesauce, Milk, Water</p>	<p>23 Breakfast: Apple Juice, Ham & Egg Deluxe, Biscuit, Milk, Water Lunch: Tot Casserole, Green Beans, Pears, Bread, Milk, Water</p>	<p>24 Breakfast: Strawberries & Bananas, Life Cereal, Toast, Milk, Water Lunch: Townhouse Chicken, Mashed Potatoes & Gravy, Celery & Red Pepper Strips w/ Dip, Peaches, Bread, Milk, Water</p>	<p>25 Breakfast: Tater Tots, Sunshine Taco, Milk, Water Lunch: Goulash, Peas, Baby Carrots w/ Dip, Fruit Salad, Kids Breadsticks, Milk, Water</p>



March 2022





Tue	Wed	Thu	Fri
<p>1 Breakfast: Banana, Cheerios, Waffles w/ Yummy Topping, Milk, Water Lunch: Beef & Bean Burrito, Spinach/Lettuce Salad, Peaches Milk, Water</p>	<p>2 Breakfast: Applesauce, Scrambled Eggs w/ Cheese, Toast, Milk, Water Lunch: Chicken Alfredo, Green Beans, Pears, Biscuit Bites, Milk, Water</p>	<p>3 Breakfast: Orange Juice, Ground Pork Gravy, Biscuit, Milk, Water Lunch: Delicious Meat Loaf, Mashed Potatoes & Gravy, Baby Carrots & Cucumbers w/ Dip, Fruit Salad, Bread, Milk, Water</p>	<p>4</p>  <p>~No School~ (Possible Make-Up Day)</p>
<p>8 Breakfast: Banana, Quaker Life Cereal, Toast, Milk, Water Lunch: Bar-B-Que Meatballs, Cheesy Mashed Potatoes, Peaches, Bread, Milk, Water</p>	<p>9 Breakfast: Orange Juice, Ham & Cheese Biscuit, Milk, Water Lunch: Yummy Chicken, Spinach/Lettuce Salad, Applesauce, Bread, Milk, Water</p>	<p>10 Breakfast: Apples w/ Yogurt Dip, Cheerios, Toast, Milk, Water Lunch: Taco Burger on Bun, French Fries, Broccoli & Cauliflower w/ Dip, Pears, Milk, Water</p>	<p>11 Breakfast: Scrambled Eggs, Tater Tots, Toast, Milk, Water Lunch: Crabbie Pattie on Bun, Baby Carrots & Cucumbers w/ Dip, Pineapple Chunks, Milk, Water</p>
<p>15 Breakfast: Oatmeal, Cinnamon Toast, Milk Water Lunch: Cavatini, Spinach/Lettuce Salad, Peach Delight, Garlic Bread, Milk, Water</p>	<p>16 Breakfast: Blended Juice, Creamy Ham Gravy, Biscuit, Milk, Water Lunch: Kickin Chicken, Broccoli Cheese Pasta, Applesauce, Bread, Milk, Water</p>	<p>17 Breakfast: Sunshine Fruit Salad, Scrambled Eggs w/ Cheese, Toast, Milk, Water Lunch: Mini Sub Sandwiches, Cauliflower & Red Pepper Strips w/ Dip, Tater Tots, Pineapple Chunks, Milk, Water</p>	<p>18 Breakfast: Apples w/ Yogurt Dip, Life Cereal, Toast, Milk, Water Lunch: Taco Soup, Cucumber Slices & Baby Carrot e/ Dip, Pears, Tortilla Chips, Milk, Water</p>
<p>22 Breakfast: Banana, Honey Bunches of Oats, Toast, Milk, Water Lunch: Chicken Quesadilla, Spinach/Lettuce Salad, Applesauce, Milk, Water</p>	<p>23 Breakfast: Apple Juice, Ham & Egg Deluxe, Biscuit, Milk, Water Lunch: Tot Casserole, Green Beans, Pears, Bread, Milk, Water</p>	<p>24 Breakfast: Strawberries & Bananas, Life Cereal, Toast, Milk, Water Lunch: Townhouse Chicken, Mashed Potatoes & Gravy, Celery & Red Pepper Strips w/ Dip, Peaches, Bread, Milk, Water</p>	<p>25 Breakfast: Tater Tots, Sunshine Taco, Milk, Water Lunch: Goulash, Peas, Baby Carrots w/ Dip, Fruit Salad, Kids Breadsticks, Milk Water</p>
<p>29 Breakfast: Banana, Cheerios, Waffles w/ Yummy Topping, Milk, Water Lunch: Beef & Bean Burrito, Spinach/Lettuce Salad, Peaches Milk, Water</p>	<p>30 Breakfast: Applesauce, Scrambled Eggs w/ Cheese, Toast, Milk, Water Lunch: Chicken Alfredo, Green Beans, Pears, Biscuit Bites, Milk, Water</p>	<p>31 Breakfast: Orange Juice, Ground Pork Gravy, Biscuit, Milk, Water Lunch: Delicious Meat Loaf, Mashed Potatoes & Gravy, Baby Carrots & Cucumbers w/ Dip, Fruit Salad, Bread, Milk, Water</p>	<p>1 Breakfast: Apples w/ Yogurt Dip, Life Cereal, Toast, Milk, Water Lunch: Cheesy Ham"n" Shells, Broccoli & Cauliflower w/ Dip, Pineapple Chunks, Bread, Milk, Water</p>



April 2022



Tue	Wed	Thu	Fri
<p>5 Breakfast: Banana, Quaker Life Cereal, Toast, Milk, Water Lunch: Bar-B-Que Meatballs, Cheesy Mashed Potatoes, Peaches, Bread, Milk, Water</p>	<p>6 Breakfast: Orange Juice, Ham & Cheese Biscuit, Milk, Water Lunch: Yummy Chicken, Spinach/Lettuce Salad, Applesauce, Bread, Milk, Water</p>	<p>7 Breakfast: Apples w/ Yogurt Dip, Cheerios, Toast, Milk, Water Lunch: Taco Burger on Bun, French Fries, Broccoli & Cauliflower w/ Dip, Pears, Milk, Water</p>	<p>8</p>  <p>~No School~ (Possible Make-Up Day)</p>
<p>12 Breakfast: Banana, Creamy Oatmeal, Cinnamon Toast, Milk, Water Lunch: Cavatini, Spinach/Lettuce Salad, Peach Delight, Garlic Bread, Milk, Water</p> <p>~Make-up Day~</p>	<p>13 Breakfast: Blended Juice, Creamy Ham Gravy, Biscuit, Milk, Water Lunch: Kickin Chicken, Broccoli Cheese Pasta, Applesauce, Bread, Milk, Water</p> <p>~Make-up Day~</p>	<p>14 Breakfast: Sunshine Fruit Salad, Scrambled Eggs w/ Cheese, Toast, Milk, Water Lunch: Mini Sub Sandwiches, Cauliflower & Red Pepper Strips w/ Dip, Tater Tots, Pineapple Chunks, Milk, Water</p> <p>~Make-up Day~</p>	<p>15</p>  <p>Holiday ~ No School</p>
<p>19 Breakfast: Banana, Honey Bunches of Oats, Toast, Milk, Water Lunch: Chicken Quesadilla, Spinach/Lettuce Salad, Applesauce, Milk, Water</p>	<p>20 Breakfast: Apple Juice, Ham & Egg Deluxe, Biscuit, Milk, Water Lunch: Tot Casserole, Green Beans, Pears, Bread, Milk, Water</p>	<p>21 Breakfast: Strawberries & Bananas, Life Cereal, Toast, Milk, Water Lunch: Townhouse Chicken, Mashed Potatoes & Gravy, Celery & Red Pepper Strips w/ Dip, Peaches, Bread, Milk, Water</p>	<p>22 Breakfast: Tater Tots, Sunshine Taco, Milk, Water Lunch: Goulash, Peas, Baby Carrots w/ Dip, Fruit Salad, Kids Breadsticks, Milk, Water</p>
<p>26 Breakfast: Banana, Cheerios, Waffles w/ Yummy Topping, Milk, Water Lunch: Beef & Bean Burrito, Spinach/Lettuce Salad, Peaches, Milk, Water</p>	<p>27 Breakfast: Applesauce, Scrambled Eggs w/ Cheese, Toast, Milk, Water Lunch: Chicken Alfredo, Green Beans, Pears, Biscuit Bites, Milk, Water</p>	<p>28 Breakfast: Orange Juice, Ground Pork Gravy, Biscuit, Milk, Water Lunch: Delicious Meat Loaf, Mashed Potatoes & Gravy, Baby Carrots & Cucumbers w/ Dip, Fruit Salad, Bread, Milk, Water</p>	<p>29 Breakfast: Apples w/ Yogurt Dip, Life Cereal, Toast, Milk, Water Lunch: Cheesy Ham"n" Shells, Broccoli & Cauliflower w/ Dip, Pineapple Chunks, Bread, Milk, Water</p>

May 2022



Tue	Wed	Thu	Fri
<p>3 Breakfast: Banana, Quaker Life Cereal, Toast, Milk, Water Lunch: Bar-B-Que Meatballs, Cheesy Mashed Potatoes, Peaches, Bread, Milk, Water</p>	<p>4 Breakfast: Orange Juice, Ham & Cheese Biscuit, Milk, Water Lunch: Yummy Chicken, Spinach/Lettuce Salad, Applesauce, Bread, Milk, Water</p>	<p>5 Breakfast: Apples w/ Yogurt Dip, Cheerios, Toast, Milk, Water Lunch: Taco Burger on Bun, French Fries, Broccoli & Cauliflower w/ Dip, Pears, Milk, Water</p>	<p>6 Breakfast: Scrambled Eggs, Tater Tots, Toast, Milk, Water Lunch: Crabbie Pattie on Bun, Baby Carrots & Cucumbers w/ Dip, Pineapple Chunks, Milk, Water</p>
<p>10 Breakfast: Banana, Creamy Oatmeal, Cinnamon Toast, Milk Water Lunch: Cavatini, Spinach/Lettuce Salad, Peach Delight, Garlic Bread, Milk, Water</p>	<p>11 Breakfast: Blended Juice, Creamy Ham Gravy, Biscuit, Milk, Water Lunch: Kickin Chicken, Broccoli Cheese Pasta, Applesauce, Bread, Milk, Water</p>	<p>12 Breakfast: Sunshine Fruit Salad, Scrambled Eggs w/ Cheese, Toast, Milk, Water Lunch: Mini Sub Sandwiches, Cauliflower & Red Pepper Strips w/ Dip, Tater Tots, Pineapple Chunks, Milk, Water</p>	<p>13 Breakfast: Apples w/ Yogurt Dip, Life Cereal, Toast, Milk, Water Lunch: Taco Soup, Cucumber Slices & Baby Carrot e/ Dip, Pears, Tortilla Chips, Milk, Water</p>
<p>17 Breakfast: Banana, Honey Bunches of Oats, Toast, Milk, Water Lunch: Chicken Quesadilla, Spinach/Lettuce Salad, Applesauce, Milk, Water</p> <p style="text-align: center;">~Make-up Day~</p>	<p>18 Breakfast: Apple Juice, Ham & Egg Deluxe, Biscuit, Milk, Water Lunch: Tot Casserole, Green Beans, Pears, Bread, Milk, Water</p> <p style="text-align: center;">~Make-up Day~</p>	<p>19 Breakfast: Strawberries & Bananas, Life Cereal, Toast, Milk, Water Lunch: Townhouse Chicken, Mashed Potatoes & Gravy, Celery & Red Pepper Strips w/ Dip, Peaches, Bread, Milk, Water</p> <p style="text-align: center;">~Make-up Day~</p>	<p>20 Breakfast: Tater Tots, Sunshine Taco, Milk, Water Lunch: Goulash, Peas, Baby Carrots w/ Dip, Fruit Salad, Kids Breadsticks, Milk Water</p> <p style="text-align: center;">~Make-up Day~</p>
<p>24 Breakfast: Banana, Cheerios, Waffles w/ Yummy Topping, Milk, Water Lunch: Beef & Bean Burrito, Spinach/Lettuce Salad, Peaches Milk, Water</p> <p style="text-align: center;">~Make-up Day~</p>	<p>25 Breakfast: Applesauce, Scrambled Eggs w/ Cheese, Toast, Milk, Water Lunch: Chicken Alfredo, Green Beans, Pears, Biscuit Bites, Milk, Water</p> <p style="text-align: center;">~Make-up Day~</p>	<p>26 Breakfast: Orange Juice, Ground Pork Gravy, Biscuit, Milk, Water Lunch: Delicious Meat Loaf, Mashed Potatoes & Gravy, Baby Carrots & Cucumbers w/ Dip, Fruit Salad, Bread, Milk, Water</p> <p style="text-align: center;">~Make-up Day~</p>	<p>27 Breakfast: Apples w/ Yogurt Dip, Life Cereal, Toast, Milk, Water Lunch: Cheesy Ham"n" Shells, Broccoli & Cauliflower w/ Dip, Pineapple Chunks, Bread, Milk, Water</p> <p style="text-align: center;">~Make-up Day~</p>