



# Green Hills Head Start

has a

## LOW sugar and FOOD SOURCE POLICY

This promotes physical and dental health as well as teaching healthy food choices. We ask that you **NOT** bring sweet treats, (cupcakes, cookies, candy, etc.), to the classroom as we are not allowed to serve them.

**The Child and Adult Care Food Program's Nutrition Guidelines prohibit foods brought from home or other outside sources at any time.**

Thank you for your cooperation.

Head Start Nutrition  
and Health Specialists





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